



Physical Education Long Term Plan



Year group	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
EYFS	Real PE Personal	Playground Games	Real PE Physical	Real PE Social	Real PE Creative	Real PE Fitness
	Real PE Cognitive	Dance	Real Gym Unit 1	Real Gym Unit 2	Swimming	Swimming
Year 1	Real PE Personal	Team Games	Real PE Physical	Real PE Social	Real PE Creative	Real PE Fitness
	Real PE Cognitive	Dance	Real Gym Unit 1	Real Gym Unit 2	Swimming	Swimming
Year 2	Real PE Personal	Competitive Games	Real PE Physical	Real PE Social	Real PE Creative	Real PE Fitness
	Real PE Cognitive	Dance	Real Gym Unit 1	Real Gym Unit 2	Swimming	Swimming
Year 3	Tag-Rugby	Dance	Gymnastics 1	Orienteering	Swimming	Swimming
Year 3 Pace Setter	Football	Dodgeball	Tennis	Gymnastics 2	Athletics	Cricket
Year 4	Netball	Dance	Gymnastics 1	Orienteering	Swimming	Swimming
Year 4 Pace Setter	Hockey	Golf	Volleyball	Gymnastics 2	Athletics	Rounders
Year 5	Tag-Rugby	Indoor Athletics	Gymnastics 1	Orienteering	Swimming	Swimming
Year 5 Pace Setter	Football	Dodgeball	Tennis	Gymnastics 2	Athletics	Cricket
Year 6	Netball	Indoor Athletics	Gymnastics 1	Orienteering	Swimming	Swimming
Year 6 Pace Setter	Hockey	Golf	Volleyball	Gymnastics 2	Athletics	Rounders